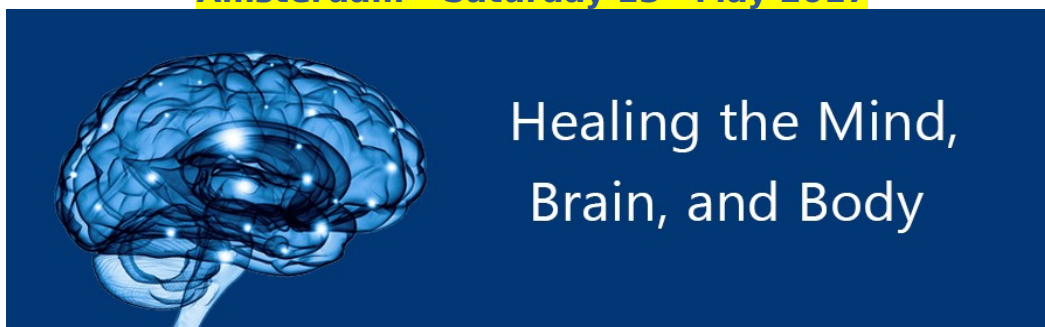


# Brainspotting

## With Children

Amsterdam - Saturday 13<sup>th</sup> May 2017



**With Dr Mark Grixti, Clin PsychD - UK Brainspotting Trainer**

*"It's easier to build strong children than to repair broken men" (Douglass).*

### **Biographical details**

For 10 years Mark was a Chartered Clinical Psychologist in the NHS (UK), specialising in Child and adolescent mental health. He primarily worked with young people, foster carers and families with complex needs in specialist services. Over the past 9 years he has developed a successful private practice focussing on complex trauma throughout the age range. Mark is an EMDR Accredited Consultant and offers supervision/consultation in numerous integrated approaches. He teaches on Clinical Psychology Doctoral courses, is the lead UK Brainspotting trainer and the author of the book, *Brainspotting with Young People: An Adventure into the Mind*.

### **Workshop details**

The workshop aims to cover the areas that are brought up so often in Brainspotting trainings and in supervision. The day will allow time for case consultation, as well as covering the following key issues:

- How do you do Brainspotting with children?
- What is the significance of neurobiological development in Brainspotting?
- Do children process faster than adults?
- How does modern attachment theory fit with Brainspotting?
- What is resourcing when Brainspotting with children?
- What to do with parents when the child is Brainspotting?
- As therapist, how do you transition to Brainspotting?
- How to work with the child with complex developmental trauma?
- The child within the adult - the therapist's own process.

To find out more and to reserve a place please contact:  
Marie-Jose Boon - Brainspotting Nederland: [jantine@brainspotting.nl](mailto:jantine@brainspotting.nl)